



## *Sea Breeze Spa Menu*

Spa Therapist: **Dale Gardner – Gentle Giant**

*LOVE YOURSELF*                                  *60 min ~ 90 U\$D*    *90 min – 130 U\$D*

A relaxing, full body, aroma massage with a blend of essential oils and a variety of techniques.

*TENSION RELIEVER*                                  *60 min ~ 115 U\$D*    *90 min – 130 U\$D*

A pressure points specific treatment, also targeting muscle spasms, calming the nervous.

*SWEDISH MASSAGE*                                  *60 min ~ 100 U\$D*    *90 min – 130 U\$D*

Enjoy a touch of Sweden with a relaxing medium pressure massage, leaving you rejuvenated.

*LOVE YOUR FEET*    *60 min ~ 90 U\$D*

This reflexology treatment manipulation all the nerve's endings at the bottom of the feet, which improves circulation and energy flow, also relaxes the entire body.

*POST COVID REJUVENATION*    *60 min ~ 90 U\$D*

This treatment is designed to restore, reconnect, and to destress after the effects of the pandemic.