



Sea Breeze Spa Menu

Spa Therapist: **Dale Gardner – Gentle Giant**

LOVE YOURSELF **60 min ~ 90 U\$D** **90 min – 130 U\$D**

A relaxing, full body, aroma massage with a blend of essential oils and a variety of techniques.

TENSION RELIEVER **60 min ~ 90 U\$D** **90 min – 130 U\$D**

A pressure points specific treatment, also targeting muscle spasms, calming the nervous.

SWEDISH MASSAGE **60 min ~ 90 U\$D**

Enjoy a touch of Sweden with a relaxing medium pressure massage, leaving you rejuvenated.

LOVE YOUR FEET **60 min ~ 90 U\$D**

This reflexology treatment manipulation all the nerve's endings at the bottom of the feet, which improves circulation and energy flow, also relaxes the entire body.

POST COVID REJUVENATION **60 min ~ 90 U\$D**

This treatment is designed to restore, reconnect, and to destress after the effects of the pandemic.

In-room massage option available at no-extra cost